

## Scriptures for Anxiety and Depression

Insert your name in the blanks provided. Read these scriptures at least 3 times daily.

### John 14:27

Peace I leave with you \_\_\_\_\_. My peace I give to you; not as the world gives do I give you. Let not your heart be troubled \_\_\_\_\_, neither let it be afraid.

### Isaiah 26:3-4

You will keep in perfect peace him whose mind is steadfast, because \_\_\_\_\_ trusts in you. Trust in the Lord forever, for the Lord is the Rock eternal.

### Philippians 4 6:7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding will guard \_\_\_\_\_ heart and mind, in Christ Jesus.

### Matthew 18:18

“I tell you the truth \_\_\_\_\_, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

### Philippians 1:6

...being confident of this, that he who began a good work in you \_\_\_\_\_ will carry it on to completion until the day of Christ Jesus!

### Psalms 34:18

The Lord is close to the broken hearted and saves those who are crushed in spirit.

### 2 Timothy 4:18

The Lord will rescue \_\_\_\_\_ from every evil attack, and will bring \_\_\_\_\_ safely to his heavenly kingdom. To Him be the glory for ever and ever. Amen!

### Psalms 62:5

Find rest, O my soul, in God alone; my hope comes from Him. He alone is my rock and my salvation; He is my fortress, I \_\_\_\_\_ will not be shaken.

### Romans 15:13

May the God of hope fill \_\_\_\_\_ with all joy and peace as he trusts in Him, so that \_\_\_\_\_ may overcome with hope by the power of the Holy Spirit.

**1 Corinthians 14:33**

For God is not a God of disorder but of peace.

**Proverbs 19:21**

Many are the plans in \_\_\_\_\_ heart, but it is the Lord's purpose that prevails.

**2 Corinthians 4:18**

So I \_\_\_\_\_ fix my eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.

**Psalms 20:7-8**

Some trust in chariots and some in horses, but I \_\_\_\_\_ trust in the name of the Lord our God. They are brought to their knees and fall, but I \_\_\_\_\_ will rise up and stand firm.

**Proverbs 23:18**

There is surely a future hope for \_\_\_\_\_, and \_\_\_\_\_ hope will not be cut off.

**2 Timothy 1:7**

For God has not given \_\_\_\_\_ a spirit of fear, but of POWER and LOVE and of a SOUND MIND.

**Jeremiah 31:3**

"...I have loved you \_\_\_\_\_ with an everlasting love; I have drawn you with loving-kindness. I will build you up again and you \_\_\_\_\_ will be rebuilt..."

**Matthew 19:26**

Jesus looked at them and said " \_\_\_\_\_, with man this is impossible, but with God all things are possible."

**2 Thessalonians 3:16**

Now may the Lord of peace Himself give you \_\_\_\_\_ peace at all times and in every way.

**Jeremiah 29:11-14**

"For I know the plans I have for you \_\_\_\_\_," declares the Lord, "plans to prosper you and not to harm you, plans to give you HOPE and a FUTURE. Then you will call upon me and come and pray to me and find me when you seek me with all your heart. I will be found by you," declares the Lord, "and will bring you \_\_\_\_\_ back from captivity."

**Isaiah 46:11**

...Yea, I have spoken it, I will also bring it to pass for \_\_\_\_\_, I have purposed it, I will also do it.

[Lori@LoriRandall.net](mailto:Lori@LoriRandall.net) - [www.LoriRandall.net](http://www.LoriRandall.net)

**Proverbs 16:3**

Commit to the Lord whatever you do \_\_\_\_\_, and your plans will succeed.

**Ephesians 3:20**

Now to Him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work in \_\_\_\_\_, to Him be the glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

**Luke 8:48**

Then He said....” \_\_\_\_\_, your faith has healed you. GO IN PEACE.”

**Please let me know how these scriptures have impacted your life and recovery.  
There are thousands of people just like you who need your encouragement.**

[Lori@LoriRandall.net](mailto:Lori@LoriRandall.net) – [www.LoriRandall.net](http://www.LoriRandall.net)

P.O. Box 384 - Meeker, Oklahoma 74855