

## Scriptures to Release Your Past and Receive Your Future

Insert your name in the blanks provided. Read these scriptures at least 3 times daily.

### Psalm 139:14

I praise you because I \_\_\_\_\_ am fearfully and wonderfully made; your works are wonderful, I know that full well.

### Psalm 71:20 (NLT)

You have allowed me to suffer much hardship, but you will restore me to life again and lift me up from the depths of the earth.

### 2 Corinthians 5:17

Therefore, if \_\_\_\_\_ is in Christ, \_\_\_\_\_ is a new creation; the old has gone, the new has come!

### John 10:10

The thief comes only to steal and kill and destroy \_\_\_\_\_; I have come that \_\_\_\_\_ may have life, and have it to the full.

### 2 Thessalonians 3:16 (NAS)

Now may the Lord of peace Himself continually grant \_\_\_\_\_ peace in every circumstance.

### Isaiah 10:27

In that day their burden will be lifted from \_\_\_\_\_'s shoulders, their yoke from \_\_\_\_\_'s neck; the yoke will be broken.

### Genesis 28:15

I am with \_\_\_\_\_ and will watch over \_\_\_\_\_ wherever you go, and I will bring \_\_\_\_\_ back to this land. I will not leave \_\_\_\_\_ until I have done what I have promised you."

### Hebrews 11:40 (NLT)

For God has something better in mind for \_\_\_\_\_.

### James 3:2 (NIV)

We ALL stumble in many ways.

**Luke 7:47**

Therefore, I tell you, \_\_\_\_\_ many sins have been forgiven—for  
\_\_\_\_\_ loved much. But he who has been forgiven little loves little."

**Matthew 21:22**

"If you believe, you will receive whatever you ask for in prayer."

**2 Corinthians 3:17**

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom for  
\_\_\_\_\_.

**John 16:33**

"I have told you these things, so that in me \_\_\_\_\_ may have peace. In this  
world you will have trouble. But take heart! I have overcome the world for  
\_\_\_\_\_."

**Psalms 6:9**

The LORD has heard \_\_\_\_\_ cry for mercy; the LORD accepts  
\_\_\_\_\_ prayer.

**Jeremiah 29:11**

For I know the plans I have for \_\_\_\_\_," declares the LORD, "plans to  
prosper you and not to harm you, plans to give \_\_\_\_\_ hope and a future.

**Philippians 4:6-7**

Do not be anxious about anything \_\_\_\_\_, but in everything, by prayer and  
petition, with thanksgiving, present your requests to God. And the peace of God, which  
transcends all understanding, will guard \_\_\_\_\_ heart and mind in Christ  
Jesus.

**Psalms 40:2-3**

He lifted \_\_\_\_\_ out of the pit of despair, out of the mud and the mire.  
He set \_\_\_\_\_ feet on solid ground and steadied me as I walked along.  
He has given \_\_\_\_\_ a new song to sing, a hymn of praise to our  
God. Many will see what he has done for \_\_\_\_\_ and be amazed. They will  
put their trust in the LORD.

**Proverbs 19:21**

Many are the plans in \_\_\_\_\_ heart, but it is the LORD's purpose that  
prevails.

**Please let me know how these scriptures have impacted your life and recovery.  
There are thousands of people just like you who need your encouragement.**

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